



What's On Tap?

Volume 8, Issue 2

Summer 2013

Research Findings Presented in U.S. and Abroad

Dr. King and our team have been busy this summer with the CSDP study follow-ups, and grant writing. They have also been travelling to several conferences to present research findings from CSDP and other studies. In June 2013, several staff travelled to Orlando, FL for the annual Research Society on Alcoholism (RSA) Conference. The conference focuses on alcohol, tobacco, and other substance use issues. Some of our highlights:

Physical Activity & Drinking

Our study coordinator, Patrick McNamara, presented a talk on the relationship between physical activity and heavier drinking behaviors. The results contradict a popular belief that working out may lead to lower levels of drinking. His work suggests that exercise and drink-

ing may share social aspects common to both activities, and/or that some people may work out to offset the increased calories consumed during drinking (most alcoholic drinks are between 60-500 calories).

Chinese Social Drinkers

Our researcher Dr. Sandra Yu Rueger presented results of an ongoing collaboration we have with the team of Dr. Wei Hao in Changsha, China. Results showed that alcohol problems may be more pronounced in some young male Chinese drinkers than originally thought. Two Chinese ethnic groups (Han, Uyghur) are being compared on alcohol effects and metabolism. While Asians are thought to be at low risk for alcoholism, Dr. Rueger is uncovering subgroups with alcohol problems even at young ages.

CSDP Early Follow-up Results

Dr. King travelled to Leuven, Belgium in May 2013 to given an invited presentation at the International Behaviors Genetics meeting. She discussed the long-term aspects of CSDP and our unprecedented 98.2% follow-up rates through six years. She presented on the various alcohol and substance use patterns emerging through the 30s in the sample.



Director's Note

We hope that you have enjoyed this rather cool summer!



In this issue of "What's On Tap?", we report on our recent research presentations, introduce a new study, and bid farewell to one member and welcome a new member of our team. Feel free to contact me or any of the CSDP staff at any time with questions about your participation. We truly appreciate your continued dedication to the study!

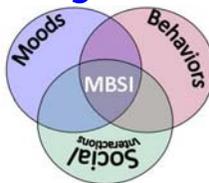
Andrea King

Dr. Andrea King
Principal Investigator

New Study: MBSI Project

In July 2013, we have launched a new study, the **Mood, Behavior, and Social Interaction Project**. This study examines mood and behavior responses of smokers while they engage in common activities, chosen randomly, such as engaging in conversation, eating, drinking, smoking, or using an e-cigarette. The study is brief (2 hours) and compensates \$30. If you would like to learn more, visit our website at:

<http://addiction.uchicago.edu/Research.html>



Raffle Winners!

In April 2013, we held our follow-up raffle for persons completing their Annual Follow up between Oct 2012 and Mar 2013. The following prizes were awarded:

- \$100 Grand Prize: #447
- \$20 Prize: #679, #671
- \$10 Prize: #459, #684

Congratulations to all! Our next raffle will be on October 15th for those completing an Annual interview between April-September 2012. All participants completing their interview on time are automatically entered to win!

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New Law for Home-Brewers



Brewing home made beer has become an increasingly popular hobby over the last several years; however, until recently, home-brew enthusiasts have been regularly breaking a nearly 80-year-old Illinois law whenever they decided to take their beer out of their home, be it to share with brew club members or to hand out samples at local events.



Recent legislation, which unanimously passed the House and Senate, changes parts of the Liquor Control Act of 1934, which had allowed homemade beer to be consumed only in the home where it was brewed. The new law also ends a crack down that began last year by the Illinois Liquor Control Commission on homemade beer. The commission began enforcing the law in April 2012 after receiving complaints about home-brewers passing out samples at local beer festivals.

Under the new law, home brewers must be 21 and will not need a permit as long as their beer does not exceed 100 gallons per brewer per household per year. Event organizers beer will only need a \$25 permit to offer homemade beer samples.

Source: Chicago Tribune, Sunday, July 7, 2013—by Geoff Ziezulewicz

Concerned about your drinking or substance use or about that of a friend or a family member?

Feel free to call Dr. Andrea King (who is a licensed clinical psychologist) on a confidential basis, for suggestions or referrals at 773-702-6181

CSDP Staff Updates

Good Luck, Mike!

The CSDP would like to bid farewell to Mike Palmeri and thank him for his hard work as a research assistant over the past 3 years. During his time with the lab, Mike took an active part in almost every aspect of the lab, including conducting lab sessions, co-authoring manuscripts, and coordinating follow-up (effectively maintaining the study's >98% follow-up success rate!). This fall, Mike will begin his graduate studies in clinical psychology at the University of Illinois at Chicago. Good luck, Mike!



Welcome, Lia!

We are thrilled to welcome our new full-time research assistant, Lia Smith, to the lab. Lia recently received her undergraduate degree in Psychology with a minor in Human Needs and Global Resources from Wheaton College. She originally joined the lab this summer as a research extern, but after just a few weeks, Lia's hard work and talent resulted in her coming aboard as a full-time research assistant. Lia will be taking over most of the follow-up duties previously maintained by Mike, so expect to here from her sometime in the next year via e-mail or telephone interview. Welcome, Lia!

