

# What's On Tap?

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## Lab Spotlight: An Interview with Dr. King

Dr. Andrea King, Principal Investigator of the Chicago Social Drinking Project, recently sat down with study staff to answer some questions about her interests in substance use research and the project. As many of you may know, Dr. King is on faculty at the University of Chicago and is also a licensed clinical psychologist. She works with community agencies, such as the Respiratory Health Association of Metropolitan Chicago, to advise on smoking cessation. She's a Chicago area native, but has lived in places as diverse as Oklahoma to New York City. She submits manuscripts to major scientific journals, presents study findings at national and international meetings, and has been awarded several grants from the National Institutes of Health to fund CSDP and other studies.

**Q: What is your favorite thing about Chicago?**

A: "It has Midwestern sensibility combined with the excitement and culture of a big city."

**Q: What made you decide to pursue a career in alcohol and drug research?**

A: "I initially became interested during college, noticing how alcohol and drugs affected people so differently. In graduate school, I worked with addicts in recovery and realized that research in this field could really help others."

**Q: What do you hope to accomplish with the Chicago Social Drinking Project?**

A: "My ultimate goal would be for the results of this study to directly impact theories of alcohol use: Why do social drinkers react differently to certain substances? What factors contribute to increases or decreases to drinking over time? How are moods and life circumstances associated with drinking behaviors? I'd like the answers to these questions to be drawn directly from the data we collect in the Chicago Social Drinking Project."

**Q: What's been the greatest challenge in conducting the CSDP?**

A: "I think the size and scope of the follow-up phase presents an interesting challenge. At any given time, we are contacting or re-contacting participants, collecting follow-up data, sending gifts, and tracking over 250 people...and it's growing with every newly enrolled subject! The dedication of both the participants and staff to completing these follow-up interviews is truly amazing. I feel very fortunate."



Pictured: Dr. King (left) discussing study protocol with colleague, Dr. de Wit

## Director's Note



Hello again from the CSDP, and I hope you're enjoying the beginning of summer.

In this issue, we update you on lottery and raffle winners, mark some study milestones, and present a new contest involving rebus puzzles. We also present the results of a recent interview that staff completed with me. You all have been great about sharing information about yourselves, so we wanted to let you know a little more about us!

Dr. Andrea King  
Principal Investigator

## CSDP Enters 6th Year

This March, the study met another milestone by officially entering into its 6th year. Participants originally enrolling in 2004 are currently being contacted to conduct 6-Year Annual Follow-Up interviews. These follow-up interviews will be similar to previous annual interviews, including surveys and a brief phone call updating us on current moods, life events, and alcohol and substance use in the past year.



As always, it's your continued dedication which has allowed the study to reach this achievement and beyond, please accept our sincere appreciation.

## 10th Bi-Annual Lottery Winners

On April 14th, 2010, we held our 10th Bi-Annual Raffle for those 92 participants who finished an annual follow-up between October and April. Winners were:

**\$100 prize : #553    \$20 prize : #455**  
**\$10 prize : #459    \$10 prize : #559**

The next follow-up raffle will be held on 10/13/10. Finish your annual follow-up on time to be automatically entered.



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Check out past issues of our newsletter, lottery and raffle results, and pictures of study gifts on our website!

<http://socialdrinking.uchicago.edu/>

## CSDP New Participant Enrollment

We've successfully reached the half-way point for enrolling 100 new participants into the study. Approximately 50 new participants have enrolled in CSDP, joining our original 190 participants to strengthen the overall results of the study.

**\*\*CSDP is still open for enrollment (and will be for the next several months).** If you know of anyone who might be interested in participating, please pass along the handout accompanying this newsletter and encourage them to apply at our website or call us at any time:

<http://socialdrinking.uchicago.edu>

(773)-834-3878

### Caffeine Trivia Challenge Results

In our last newsletter, we conducted a trivia challenge asking for answers to 7 questions about the use of caffeine. We were pleased to receive entries from 36 participants, all of whom were placed into a raffle for a \$40 gift card.

Congratulations to subject #542, who was drawn as the raffle winner. Upon hearing the news, #542 responded, "Holy Cats! Yay!"

# "crown ticklers"

Throughout the 1970s and 1980s, Falstaff Brewing printed 413 "Crown Ticklers" - rebus puzzles for popular phrases and famous people - on the undersides of their bottle caps.

For example: #1 = Rit+Shirt Nic+Sun (Richard Nixon)

**Submit your answers for at least 5 puzzles by July 4th, 2010 to [socdrink@uchicago.edu](mailto:socdrink@uchicago.edu) to be entered in a raffle to win a \$20 Gift Card to either Target, Barnes and Noble, or Starbucks!** The winner will be announced by e-mail after 7/4/10.

